TUESDAY, MAY 10, 2016

7:30 am – 8:15 am
Continental Breakfast

8:15 am – 8:30 am
Welcome & Opening Remarks

8:30 am – 9:30 am
KEYNOTE ADDRESS

101  KEYNOTE ADDRESS
No Time to Care: Instilling Compassion Back Into Your Care in 60 Seconds or Less
Charles Kunkle, RN, MSN, CEN, BC-NA, Chief Engagement Officer, Navigator Leadership; Director of Emergency, Critical Care Services, St. Mary Medical Center, Langhorne, PA

Throughout the United States, hospitals are challenged to meet the needs of their patients while trying to meet the overwhelming demands of today’s healthcare environment. In this challenging new work environment, patients are often cared for by nursing staff members who are overwhelmed by the pressure to meet all of the expectations of the patients in their care and the expectations of their employers. Many nurses have become task oriented zombies, feel overworked and believe they don’t have time to provide compassionate patient centered care. Nurses are educated to be dedicated to their patients. When the nurses feel they don’t have the time to fully care for their parents, burnout is sure to follow. In this presentation, the healthcare provider will learn the secret to true patient engagement and how to provide compassionate care in 60 seconds or less.

9:45 am – 11:00 am
Breakout Sessions

102  ABG Interpretation, Fluid, and Electrolytes
Sophia Chu Rodgers, FNP, ACNP, FAANP, FCCM, FAANP, Clinical Adjunct Faculty, University of New Mexico & Sandoval Regional Medical Center, Albuquerque, NM

Fluid, electrolyte, and acid base disturbances are commonly seen in hospitalized patients. It can be the primary reason for which they are admitted or it can be the consequence of acute illnesses. Using case studies, this presentation will review common fluid, electrolytes, and acid base disturbances encountered in the hospital setting. You’ll learn how to recognize, interpret and treat them.

103  The Ins and Outs of UTIs and Catheters
Cheryl LeCroy, MSN, RN, Clinical Coordinator, Virginia Women’s Continence Center, Richmond, VA

Nosocomial infections are the most common of all hospital-acquired infections; at least 80% of nosocomial UTIs are attributable to indwelling urinary catheters- high-cost events for healthcare. We’ll discuss these issues and look at different options for catheters, including insertion and care tips.
11:15 am – 12:30 pm
Breakout Sessions

104  Skill Assessment: Pulmonary
AnneMarie Palatnik, MSN, RN, ACNS-BC, AVP Clinical Learning & Academic Affiliations, Virtua Center for Learning, Mount Laurel, NJ

Don’t miss this interactive session where we will discuss pulmonary assessment, related pathophysiology, lung sounds, and so much more. The group will work through case studies to engage the participants to immediately apply knowledge and enhance skills!

105  STAT: Recognition and Management of Cardiac Emergencies
Anne Dabrow Woods, DNP, MSN, RN, CRNP, ANP-BC, AGACNP-BC, Chief Nurse, Wolters Kluwer, Philadelphia, PA; Nurse Practitioner, Penn Medicine - Chester County Hospital, West Chester, PA; Adjunct Faculty, Drexel University, Philadelphia, PA

Often emergencies with our patients are due to cardiac causes. When these situations occur, you have to respond quickly to ensure a good outcome for your patient. This session will help you recognize, manage, and prevent cardiac emergencies including dysrhythmias, hypotension, hypertension, cardiac tamponade, chest pain and acute coronary syndrome.

12:30 pm – 1:30 pm
Lunch Provided

1:30 pm – 2:45 pm
Breakout Sessions

106  Challenging Cases in Lab Diagnosis: Assessment of CBC and WBC
Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, Conference Chairperson, President, Fitzgerald Health Education Associates, Inc., North Andover, MA; FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center, Family Practice Residency Program

What is the appropriate use of laboratory testing as part of patient care? How do lab abnormalities influence your assessment? Discover the answer to these questions and more in a case-based presentation featuring challenging case studies in RBC and WBC abnormalities in the inpatient setting.

107  Hepatitis C: A Silent and Potentially Deadly but Curable Epidemic
Bruce D. Askey, MS, ANP-BC, Associate Lecturer, FHEA, Inc., North Andover, MA; Certified Adult NP, Department of Gastroenterology and Hepatology, Guthrie Clinic, Sayre, PA

Hepatitis C is the leading cause of liver transplantation in the United States. While 80% of those with Hepatitis C are asymptomatic, the virus has been associated with the development of Type 2 diabetes, cryoglobulinemia, lymphoma and a number of other extrahepatic manifestations. This presentation focuses on risk factors, screening, diagnostic tests, and treatments.

3:00 pm – 4:15 pm
Breakout Sessions

108  What’s New in Managing Pneumonias (HAP, VAP, CAP)
Anne Dabrow Woods, DNP, MSN, RN, CRNP, ANP-BC, AGACNP-BC, Chief Nurse, Wolters Kluwer, Philadelphia, PA; Nurse Practitioner, Penn Medicine - Chester County Hospital, West Chester, PA; Adjunct Faculty, Drexel University, Philadelphia, PA
One of the most common causes of hospital admissions and increased length of stay is pneumonia. Now here is where it gets tricky, does your patient have CAP, HAP, or VAP? This session will cover the cause, presentation, diagnostics, treatment, and prevention of the most common types of pneumonia.

109  Outbreak! Nurses as the Voice of Reason During Infectious Disease Events  
Betsy Todd, RN, MPH, CIC, Clinical Editor, American Journal of Nursing, Wolters Kluwer, New York, NY

Panic about Ebola in the U.S. involved wildly unrealistic assessments of the risk of transmission. Whether an organism is novel, such as Middle East respiratory syndrome coronavirus (MERS-CoV), unfamiliar (Ebola virus), or well-delineated like Methicillin-resistant Staphylococcus aureus (MRSA), Clostridium difficile, and meningococcal meningitis, how can we quickly evaluate risks and prevent the spread of infection? This session will illustrate how attention to case definitions, “the chain of infection,” incubation periods, and other basics of infectious disease management can ensure that we respond safely and effectively.

WEDNESDAY, MAY 11, 2016

7:00 am – 8:00 am  
Continental Breakfast

8:00 am – 9:15 am  
Breakout Sessions

201  Understanding the Latest Sepsis Guidelines  
Sophia Chu Rodgers, ACNP, FNP, FAANP, FCCM, Acute Care Nurse Practitioner, Pulmonary Critical Care/Hospital Medicine, University of New Mexico Sandoval Regional Medical Center, Albuquerque, NM

Mortality rates from sepsis are estimated to be 30-50%. The surviving sepsis guidelines were developed in an attempt to decrease this deadly syndrome. The first guidelines were developed in 2004 and subsequently were updated most recently in 2008. This presentation will discuss what is new in the guidelines, the epidemiology of sepsis, the bundles, and what you need to know to care for a septic patient. The presentation will highlight key points with a case study.

202  The Case of the Vanishing Vasopressin: BLS & ACLS Guidelines Update  
Denise Drummond Hayes, MSN, RN, CRNP, Senior Clinical Editor, Journals & Special Projects, Wolters Kluwer, Philadelphia, PA, BLS/ACLS Instructor, Temple University Hospital System, American Heart Association Training Center, Philadelphia, PA

This session will provide an overview of the most significant new and revised recommendations contained in the 2015 American Heart Association Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care. Discussions will focus on the evidence-based care of adults experiencing in-hospital cardiac arrest.

9:30 am – 10:45 am  
Breakout Sessions

203  Rapid Fire Neurologic Assessment  
Tracey Anderson, CNRN, FNP-BC, ACNP-BC, Colorado Health Medical Group – Brain & Spine, Loveland, CO

It’s time to debunk the myths: A good neurologic assessment doesn’t have to take hours. Cranial Nerves are no big mystery. Learn how you can perform a quick neurologic assessment and yet still have the details you need to accurately communicate findings to your providers like an expert.
204  Pancreatitis
Bruce D. Askey, MS, ANP-BC, Associate Lecturer, FHEA, Inc., North Andover, MA; Certified Adult NP, Department of Gastroenterology and Hepatology, Guthrie Clinic, Sayre, PA

SESSION DESCRIPTION TO FOLLOW

11:00 am – 12:15 pm
Breakout Sessions

205  DKA vs. HHS vs. Hyperglycemia
Christine Kessler, MN, ANP,BC-ADM, CDTC, FAANP, Metabolic Medicine Associates, King George, VA

SESSION DESCRIPTION TO FOLLOW

206  Hot Topics in Pain Management
Yvonne D’Arcy, MS, CRNP, CNS, Pain Management & Palliative Care Nurse Practitioner, Ponte Vedra Beach FL

New ideas and new concepts in pain will be discussed including, new medications, the effects of polymorphism on patient response to medications, and assessment tools for neuropathic pain.

12:15 pm – 1:15 pm
Lunch Provided

1:15 pm – 2:30 pm
Breakout Sessions

207  Skill Assessment: Cardiac
AnneMarie Palatnik, MSN, RN, ACNS-BC, AVP Clinical Learning & Academic Affiliations, Virtua Center for Learning, Mount Laurel, NJ

Don’t miss this interactive session where we will discuss cardiac assessment, related pathophysiology, heart sounds, and so much more. The group will work through case studies to engage the participants to immediately apply knowledge and enhance skills!

208  Trauma Patient Management: The First Hour
Linda Laskowski-Jones, MS, APRN, ACNS-BC, CEN, FAWM, FAAN, Editor-in-Chief, Nursing2016 Journal; Vice President, Emergency and Trauma Services, Christiana Care Health System, Newark, DE

This session will cover the general information that nurses need to provide competent initial care for trauma patients. Areas of emphasis will include patient assessment, initial resuscitation and stabilization, pertinent diagnostic studies, and overall management strategies.

2:45 pm – 4:00 pm
Breakout Sessions

209  Post-Op Complications – Causes, Prevention, and Treatment
Anthony M. Angelow, MSN, CRNP, ACNP-BC, AGACNP-BC, ACNPC, CEN, Associate Lecturer, FHEA, Inc., North Andover, MA; Assistant Clinical Professor, Drexel University, College of Nursing and Health Professions, Philadelphia, PA; Nurse Practitioner, Division of Trauma and Surgical Critical Care/Division of Hospital Medicine, Cooper University Health Care, Camden, NJ
This presentation will discuss the most common post-operative complications in the acute care setting. In addition, the presentation will describe the pathophysiology, methods of prevention, and treatment of these complications based on the current evidence. The presentation will conclude with case studies related to post-operative complications in the acute care setting.

210  Acute Kidney Injury
Karen Innocent, DNP, RN, CRNP, ANP-BC, CMSRN, Executive Director, Continuing Education, Wolters Kluwer, Philadelphia, PA

Kidney disease is a global health concern. Utilizing the current clinical guidelines, we’ll discuss assessment, diagnostic evaluation, and treatment for acute kidney disease and how to manage acute kidney injury in the acute care setting.

4:00 pm – 4:15 pm
Closing Remarks and Give-Aways